

County Antrim Yacht Club, Whitehead

Sailing Instructions for 2007 season

1. Rules and Prescriptions

Racing will be held under the Racing Rules of Sailing (2005-2008), the I.S.A.F and R.Y.A. prescriptions (as appropriate) and the rules of the Class Association of each class concerned **except as may be amended by these Sailing Instructions.**

2. (a) Entries

No entry forms are required for the Racing. All yachts must be members of their Class Association and have Racing Insurance with a cover of a minimum third party risk of at least £3,000,000. All competitors must be a Member of CAYC or another Yacht Club.

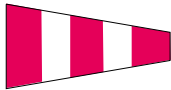
(b) Notice to Competitors

Notices to competitors will be posted on the Official Notice Board in the Clubhouse. Changes in the sailing instructions will be posted on the Official Notice Board. The Race Officer may alter the order of races, however, in exceptional circumstances the format of the event may only be altered by the Race Committee. It is the responsibility of the competitors to check the notice board for any changes.

Code Flag "L" will be flown to indicate any changes to the sailing instructions.

3. Postponement & Abandonment

Any individual race may be postponed by hoisting the postponement flag "A.P." to two sound signals.



The start will be postponed indefinitely from the time of hoisting the postponement signal. The warning signal will be made not less than 1 minute after the AP is lowered. To abandon a race before the starting signal or during a race, display N over H and 3 sound signals.

4. Schedule and starting sequence of Race

Icebreaker Series	18 March- 22 April
Opening Day	Saturday 28 April
Early Sunday Series	29 April- 24 June (9 Races)
Early Wednesday Series	2 May- 27 June (9 Races)
Late Sunday Series	1 July- 26 August (No Race on 5 August)(8 Races)
Late Wednesday Series	4 July- 29 August (9 Races)
Pursuit Race	Sunday 2 September
Autumn Series	Sunday 9 September – Sunday 14 October

(a) Opening Day, Sunday Afternoon and Wednesday Evening Racing

These will consist of 3 Fleets, 1 Laser Class & two PY classes in two starting sequence. The 3 Fleets should be recorded separately taking times for all boats. Race 1 will be Laser Fleet & PY A and Race 2 will be PY B (**Junior & others**). These Fleets must have their time taken at the end of every round and the finish in Hours, Minutes & Seconds. The Lasers will receive individual places outside the PY ratings

Class Flags are as follows:

Laser & PY A Class Code Flag "F" (Laser Class & Flying 15, Wayfarer, Kestrel, GP14, Squib, Enterprise, Heron)

Junior / PY B Class Code Flag "G" (Topper, Mirror, Optimist, Pico)

Blue Peter P	Code Flag F	Code Flag G
Blue with White Centre	White with Red Centre	Yellow With Blue stripes

(b) Afternoon Starting Sequence: 4 min Warning, 2 min Preparatory, 0 Start

15:00	Warning signal	Hoist Code flag "F"
15:02	Preparatory signal	Hoist Code flag " P - Blue Peter" & Hoist "G" as this is the Warning signal for the next class the Junior PY
15:04	Laser & PYA start	Drop Code flag "F"
15:06	Junior/ PYB start	Drop Code flag "G" & "P - Blue Peter"

(c) Evening Starting Sequence: 4 min Warning, 2 min Preparatory, 0 Start

19:10	Warning signal	Hoist Code flag "F"
19:12	Preparatory signal	Hoist Code flag " P - Blue Peter" & Hoist "G" as this is the Warning signal for the next class the Junior / PYB
19:14	Laser & PYA start	Drop Code flag "F"
19:16	Junior / PYB start	Drop Code flag "G" & "P - Blue Peter"

5. Courses

COURSES to be sailed by each Class will be indicated by the boards posted on the battery and accompanied by class flag and preparatory signal. RED BOARD indicates "RED BUOYS" to be used when the smaller course is required for all classes. Course cards are available from the Sailing Secretary or from the Battery. ("RED BUOYS" are in fact round orange plastic marker buoys)

A shortened course is signaled by the hoisting of Code Flag "S", Class Flag and two audible signals, as the leading yacht approaches the penultimate mark before the finishing line (If no class flag displayed - this applies to all classes-)

A change to the course after starting will be signaled by hoisting Code Flag "C" flag and at least two audible repetitive sound signals with the appropriate board. This will occur at the penultimate mark on a course. (If no class flag displayed - this applies to all classes)

Code Flag "S"	Code Flag "C"
White with Blue centre	Two Blue outer stripes & central Red on White

The Code Flags S & C can be used in conjunction, firstly to shorten a course at the end of a leg that takes the yachts through the finishing line. The Yachts can then be given a new course to sail providing it follows the correct direction of the yachts going through the line. (No class flag displayed - applies to all classes)

Caution: Race Officers must use their discretion when using this type of procedure, e.g. can the yachts see the changes on the boards, and can they hear the audible signals? They may use the Safety Boat to inform all yachts of this type of change as experience has shown that yachts do find it difficult to see the boards during summer evenings.

6. Marks

The Marks to be used for the standard size courses are Yellow barrels, this is sailed by Laser & PY A Class. The Red marker buoys are used within some courses as indicated on the course card. The Red buoys are also used for Junior / PY B races. This is a smaller course using the same Course layout as the Yellow courses.

COURSES K & L are essentially designed for use as a first round of any race, in the Yellow format, however, at the Race Officer's discretion may be used as an additional course. When there is more than one course board on display on the battery the boards are to be read from left to right and courses sailed in that order.

On either courses K or L (Standard Length Course), the RED BUOY rounded on leg one is not part of the final leg nor are any of the other Red marks part of the course. (See exception 11a.)

When a RED board is displayed with Course K or L, the course is sailed using two red marks as shown in the bottom two diagrams on the Course card.

STARTING LINE - Defined by a line through the flagpole on the Clubhouse and the inner limit mark. Yachts must pass between the inner and outer limit marks.

FINISHING LINE - Defined by a line through the flagpole on the Clubhouse and the outer limit mark. Yachts must pass between the inner and outer limit marks.

7. Recalls

In the event of an individual recall, Code Flag X will be hoisted, accompanied by ONE sound signal. The flag will remain hoisted until all infringing Yacht(s) have returned and started correctly, or no later than 4 minutes after the start. Infringing yachts that do not return within the timescale will be disqualified.

Code Flag X

First Substitute

White background & Blue cross

Blue with Yellow insert

In the event of a general recall the **First Substitute** shall be displayed and two sound signals made. The starting sequence for that race will be recommenced as soon as is practical.

8. Time Limit

The Time limit for each yacht in a class is 30 minutes after the first boat finishes. The maximum time limit for the first boat to finish is 60 minutes. The time limit for icebreaker and autumn series is that all yachts of each class to be finished within 15 minutes of the first boat finishing and maximum time limit for the first boat to be 30 minutes. In the event of an UNFINISHED RACE, the result may be taken from the last lap completed at the discretion of the Race Officer.

9. Scoring

Points shall be awarded as follows:

1st place:-1 point. 2nd place:-2 points. 3rd place:-3points etc.

Retirement/DNF:- total no. of starters plus one

Disqualified:- total no. of starters plus one (Reference ISAF 44.3c)

Did not start:- total no. of starters plus one

Each yacht may discard one race in each series. If four races or less are sailed all races are to count.

10. Safety

Each person sailing a centreboard yacht must wear personal BUOYANCY at all times when racing. A yacht with a keel must carry sufficient personal buoyancy for each person aboard when racing. If Code Flag Y is hoisted – all Sailors must wear buoyancy.

11. Protests

The procedure in respect of protests will be as follows: -

- (a) The Helmsman of a boat who considers that another boat is in breach of the Rules of this event shall immediately hail the Helmsman of the boat considered to be at fault and inform him that the protest will be lodged. If the other boat is beyond hailing distance, the protesting boat shall inform the other boat at the first reasonable opportunity.
- (b) The protesting boat shall show a red flag conspicuously in her rigging at the first reasonable opportunity after the incident and shall keep it flying until she has finished or retired and the Race Officer has acknowledged it. However a yacht of hull length less than 6 meters need not fly a protest flag. A yacht wishing to protest must inform the Race Officer at the finish and receive the Race Officer's acknowledgement.
- (c) Immediately upon coming ashore after the race has been completed the protesting crew shall obtain a protest form from the Race Office. This form must then be completed and handed to the Race Office within 60 minutes,
- (d) The Protest Committee shall consist of at least three people. Protest hearings will be held according to R.R.S. procedures.
- (e) It is the responsibility of the Protester to advise the Protestee that a Protest has been lodged. It is the responsibility of both Protester and Protestee to ascertain the time and place of the Protest hearing and to present themselves and any witnesses accordingly.

12. Postponed or Abandoned Races

These races will be re-sailed at the discretion of the Race Committee and in accordance with the Racing Rules (2005-2008)